



ACCT UK- WHAT WE DO

For 96 years, we've been transforming young lives by supporting the Army Cadet Force (ACF), reaching 40,000 cadets aged 12-18 and 8,000 dedicated volunteer instructors every year.

What makes us unique?

We break down financial barriers and increase access. We want to give ALL young people the opportunity to develop and achieve through Army Cadets' activities.

We coordinate and deliver...

- Professional music training and instruments at zero cost
- Certified, life-saving, first aid qualifications for all cadets and adult volunteers
- Access to national sports competitions and coaching
- Adventurous training from paddleboarding to skiing, rock climbing to mountain biking
- Duke of Edinburgh's Award opportunities

We also offer targeted financial support through our grants programme. In 2024, we awarded grants of over £160,000 to 5,700 cadets and almost 850 volunteers. These grants provided opportunities to aid cadets and volunteers in their ACF and personal development journeys, ensuring accessibility to everyone regardless of their financial situation.

We also support adult volunteers with our Optima Health, support resources and confidential counselling line, find out more [here](#).

Please take a good look at our website for more detailed information. Useful information if you are planning a presentation, speech or creating some fundraising materials for your challenge, can be found at:

[Who we are and our key values](#)

[Our impact and how we support the non-military activities of the ACF](#)

[The history of the charity](#)

You can find templates, links to ready-to-use or editable posters and approved pictures to use in [this assets section](#).